



EVOLVED THERAPY

ORAL MYOFUNCTIONAL THERAPY

Commonly referred to as "myo" & used to mobilize & strengthen the muscles of the mouth, tongue and neck. To support breathing, eating, and speaking.

www.evolved-therapy.com

PROBLEM

You or your child may have an oromotor disorder & signs to examine include

- difficulty breathing, eating, speaking or swallowing
- tongue thrusting
- picky eating
- open mouth breathing
- stomach aches/reflux
- misaligned teeth
- jaw or facial pain
- teeth grinding
- sleep disturbance including apnea
- tongue, lip, or cheek ties
- allergies & asthma

SOLUTION

We work with your muscles to improve abilities from the base level of breathing to higher level functions.

We work with all ages to facilitate improvements in health, sleep, breathing, eating and communication.

BENEFITS

Orofacial myology treatment may be worth considering if:

- Any of the above stated signs/symptoms are problematic for you or your child.
- There is difficulty eating at any age.
- You have had jaw pain, head tension, neck and shoulder tension, chronic throat clearing and/or coughing.

Clients are saying...

"Erin helped me over the course of several weeks to improve swallowing and breathing issues I had as a result of asthma and GERD. I was amazed at her skills in evaluating and treating me via telehealth. I highly recommend Evolved Therapy." –Marj M.



HOW TO BEGIN INITIAL CALL

- 15 minutes
- Speak with a speech pathologist (or email)
- Determine if this is for you & schedule an assessment.



ERIN BROWNING

SLP & Owner Evolved Therapy LLC

"We can move our bodies adequately, but exercise helps us maximize muscle function. Doesn't it make sense the same would apply to muscles involved in breathing, speaking & eating?"